

Christ Unity Church

May 2008

“A New Heaven and A New Earth”

Begins within me.

Ah, spring is finally in the air. Don't you love it? Springtime is a reminder of the omnipresence of God. We see life return to the natural world. We feel the warmth of the sun on our skin. We know that whatever hardships winter brought, new life is here once again. In a sense, spring brings us a new earth. A new earth - where have we heard that before? Well, if you are an Oprah fan like we are, you know that Oprah has been talking about Eckart Tolle's book entitled *A New Earth* for months now. In fact, over 12 million people from around the world have tuned into the webcast to participate in an in-depth study of this book. There is a line that we believe summarizes this book and its teachings - it is this quote from Eckart Tolle, **“The world can only change from within.”**



Tolle's teachings are a sort of reinterpretation and repackaging (and we mean that in a good way) of our Unity beliefs and principles. It is no wonder over 40 people participated in our first class on this book at CUC. This teaching speaks to the foundation of metaphysics - life is lived from the inside out. This teaching speaks to the Truth that if you want a better life, you must be a better person. If you want to receive more love in your life, be more loving. If you want to know God more, spend more time thinking about God. If you want to grow spiritually, seek a deeper spiritual understanding. In other words, change your thoughts and you change your world.

The current situation of humankind and Mother Earth is too fragile for us to continue in the current mindset. We need to create a new heaven and a new earth by changing the way we think and act. Take responsibility for your life by changing your beliefs, attitudes and actions. Spend more time in the silence. Invite God to guide you and bless you. Pay more attention to your inner world and let Spirit guide what you need to do in the outer world. One of Unity's mottos is, “Transforming lives one thought at a time. Transforming the world one life at a time.” This is a powerful and truthful motto. How are you participating in a new heaven and a new earth? It begins with you.

“Then I saw a New Heaven and a New Earth...” Rev. 21:1

One in Spirit,

Revs. Ross and Judi

May Services

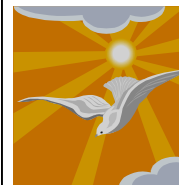
“DISCOVER THE POWER WITHIN YOU”

May 4 ~ 10:30 am
The Art of Prayer ~ Part 5
 Rev. Ross

May 11 ~ 10:30 am
Mother's Day
 Rev. Judi

May 18 ~ 10:30 am
Seek First the Kingdom ~ Part 6
 Rev. Ross

May 25 ~ 10:30 am
How God Forgives ~ Part 7
 Rev. Judi



PEACE TEAM MEETING

Monday, May 19th
 7 pm

The Peace Team is a non-partisan, volunteer group promoting the passage of a resolution by the City of Albuquerque in favor of a Department of Peace and Non-Violence.

Visit www.thepeacealliance.org and join us in creating a culture of peace in New Mexico.

Unity stands for peace in our lifetime.

Wish List

Celebrate Abundance through Giving at Unity

In Unity, we know the experience of receiving the blessings of God through giving. We are so grateful for the generosity of Spirit that expresses through those who give of their time, talent and treasure at Christ Unity. Here is an opportunity to place yourself more into the flow of Divine Abundance by giving above and beyond your normal giving.

Below is a list of items that we, the Ministers, Trustees and Staff have recognized as items that will help our ministry function more effectively and efficiently. If you would like to participate in helping us to attain any of these items, please send your offering to Christ Unity Church and specify on the memo line of your check, "Wish List." That way your gift will be entered as "designated income" and you will still receive the tax deduction. We thank God for all you are, all you do and all you give.

Additional expenses to support and defer cost of:

Appreciative Inquiry meetings and trainings:	\$ 5,000.00
Replacing Air Conditioning Unit in Sanctuary	\$ 1,000.00
Upgrade in sound & recording equipment	\$ 2,000.00

Prosperity Affirmation: *I am one with the all-providing love of God that assures me of abundance.*

Board Corner

Greetings Dear Christ Unity Church Family,

It is such an honor for your Board of Trustees to work with you and serve you. As I watch The Appreciative Inquiry E3 process at work I am truly in awe of the power and energy being generated by so many of you to create a new life for Christ Unity Church. We are all working together to build our future based on the core values and strengths that we experience here and now that many of you shared with the team of interviewers – thank you for your insights and dreams. I hope you can feel the wonderful Spirit as it moves through and around our community as we do this work and share the good that is already here.

Blessings to you all,

Letitia (Tish) Hardwick
President, Board of Trustees

We are a world family, living together in perfect harmony.



Through our prayers and our oneness with God, we have the capacity to connect with every human heart—even to the farthest reaches of the globe. Knowing that we live and move and have our being in God, we honor the divine connection we share and enfold our entire world family in prayers of love and peace.

Christ Unity Church Prosperity Report

March 2008

Income	\$30,282
Tithes Paid Out	\$ 1,996
Expenses (Less Tithes)	\$22,762
Net Gain (Loss)	\$ 5,524
Year to Date Net Gain (Loss)	\$ (8,430)

God is our inexhaustible resource and all of our needs are instantly, constantly and bountifully met. From every direction, known and unknown, expected and unexpected, our abundant good comes to us now. Thank you, God.



ANNUAL WOMEN'S RETREAT

The annual CUC Women's Retreat will be October 17th, 18th & 19th

Immaculate Heart of Mary
 Retreat Center of Santa Fe

Facilitated by Rev. Judi

Special Musical Artist: Susan Clark

Mark your calendars for this special time.

More information to come!

Youth & Family Ministry

Our mission "is not to entertain the children but to call them out. To be always entertained is to be dwarfed and dependent. To be 'called out' is to follow the harmonious law of the soul's unfoldment."

– Myrtle Fillmore, Cofounder of Unity, August 1893

From Our Spiritual Power Tools:

May: Power

Color: Purple

Body Location: Throat (The nerves which control the larynx.)

Apostle: Phillip

The Gift of Power is generated in Silence. It is through our connection with God in the Silence that our words become filled with Light (Power). We choose our words. They have the power to create or destroy, heal or harm. Choose wisely.

Affirmation: I use my words as a power for good.

Bible Verse: "All power is given unto me in heaven (Divine mind) and in earth (consciousness of physical body)."

– Matthew 28:18

Kids BOOK CORNER book review:



"I AM a Loveable Me"

By Sharon Penchina & Dr. Stuart Hoffman

Telling children they are loved, lovable and special — and reinforcing this message every day, even from before they are born — instills a core of confidence, which will stay with them as they grow. Children should also learn at a young age to give themselves positive reinforcement.

"I AM a Loveable Me" is the first book in a series designed to help even the youngest child develop and practice the core building blocks of constructive inner dialogue. This positive habit-building has a dramatic effect on the sub-conscious mind.

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Each 2-page spread in the book can be read individually, and then used as a focus for prayer or meditation, or the book can be read as a whole. Either way, the easy-to-read verse, brimming with vibrant imagery, will help children discover the goodness inside them so they can realize their fullest potential.

Learning to write affirmations and state them in affirmative prayer was the focus of a recent Elementary lesson. This little book, read in Story Circle, inspired the kids to rhyme their affirmations. They enjoyed the book and had great time writing!

Check it out...you and your kids (of all ages) will love it!

YFM Teachers' Meeting for May is scheduled for Sunday, May 18th after fellowship. Snacks will be served. All current YFM volunteers and YFM staff are strongly encouraged to attend.

A Note from YFM

As we become more aware of the shift in consciousness of the planet, we are called to vision and create a new earth. A new earth conceived and created from a state of "awakened awareness", without ego (subconscious mind not in alignment with Divine mind), a new earth filled with joy and in conformity with our new awareness.

During this time of change, however, children may experience a sense of imbalance that manifests as grumpiness or feeling "out of sorts". As mentors, adults must look for ways to help them learn to maintain balance.

Unity curriculum is written using "The Living Curriculum" model. This approach seeks "to empower children and youth to use their spiritual wisdom to fulfill their soul's purpose." We facilitate this process through the use of "tools". Some of these tools are prayer and affirmation, meditation, the use of stories or experiential activities,

Love & Blessings,

Linda Adams Bridges, Director
Youth & Family Ministry

Church 292-1998

Cell 949-510-7857

email: yfm1@msn.com

May Events

- 1 New Member Class 7 pm
- 2 MOVIE ~ "You Can Heal Your Life"
- 4 "A New Earth" Book Study 1:30-3 pm
- 5 A Course in Miracles 7pm
- 6 Artist's Way & Beyond ~ Part 2 6:30-9 pm
- 7 Wednesday Meditation & Class 6:30 pm
- 8 New Member Class 7 pm
- 9/10 Habitat for Humanity Box-A-Thon
- 11 MOTHER'S DAY
Chaplain Dedication
"A New Earth" Book Study 1:30-3 pm
- 12 A Course in Miracles 7 pm
- 13 Artist's Way & Beyond ~ Part 2 6:30-9 pm
Real Love Men's Group 7 pm
- 14 Wednesday Meditation & Class 6:30 pm
Newsletter Articles Due 5 pm
- 15 New Member Class 7 pm
- 16 Spiritually In Tune 7 pm
- 17 ARMED FORCES DAY
- 18 YFM Teacher Training 12 noon
- 19 A Course in Miracles 7 pm
Peace Team Meeting 7 pm
- 20 Artist's Way & Beyond ~ Part 2 6:30-9 pm
Board Meeting 6:30 pm
- 21 Wednesday Meditation & Class 6:30 pm
- 22 Newsletter Folding Day 10 am
- 26 Memorial Day
A Course in Miracles 7 pm
- 27 Artist's Way & Beyond ~ Part 2 6:30-9 pm
Real Love Men's Group 7 pm
- 28 Wednesday Meditation & Class 6:30 pm
- 30 Chaplain In-service 7 pm
- 30/31 Child-Teen Spiritual Retreat



PosiPalooza Concert 2008 Tour

Cathryn McGill * David Roth * Devotion
Stu MacAskie * Richard Mekdeci * Sue K-Riley
These New Thought musicians will bring you to
laughter and tears through their amazing
music and message.

Sunday, May 18 ~ 6:30 pm

Albuquerque Center for Spiritual Living

2801 Louisiana NE

Ticket Price: \$20

Tickets available in the foyer



"A Course in Miracles"

Facilitated by Chris Schmille
Mondays-7-8:30 pm at CUC
Love Offering

Wednesday Meditation/Class

Meditation 6:30 pm ~ Study Group 7-8pm

Join us for a dynamic mid-week
inspiration. This powerful gathering
includes meditation and a discussion of Wayne Dyer's
book, "Change Your Thoughts, Change Your Life.
Living the Wisdom of the Tao".
All are welcome. Love Offering.



"Spiritually In Tune"



May 16th - 7 to 8:30 pm.
"Spiritually In Tune". A monthly
gathering of Guitar Players to play,
teach, learn and share music.
Tune up the old six string or
twelve string and join in the fun.

All levels of guitar players welcome!!

SERVICE MINISTRY

As we focus on who we need to be as we usher in a New Earth, and Discover the Power within ourselves, it is helpful to consider one neuroscience piece of information. Research has shown that the human brain changes in relation to another brain. Experience and relationships shape brain structure. This is the good news. No matter what we have experienced up until now, we can change. Through positive connections with another, we can heal, grow and expand. If you are ready to expand your consciousness through relationships here in your spiritual community, I invite you to consider serving on one of our service ministry teams.



For me, slowly stepping out to serve and support another has increased my confidence in who I am and what I have to contribute. My awesomeness is mirrored back to me regularly as I continue to step forward and assist others. If you are ready for transformation through a deeper connection with your spiritual community, then consider serving on the Fellowship team in Hospitality/Cookie Ministry, or Bookstore, Sacred Sound, Usher/Greeter, Circulation Library and a host of other teams. After Sunday service stop by the Service Ministry table and let's deepen our relationship by getting to know one another. See you there.

**Michele Coleman Sharp,
Service Ministry Director**

*Lifting you in the light as we all journey together,
learning to love and serve by living from our passion.
Should you have any questions, please feel free to
contact me at serviceministry@christunityabq.org
or call me at 292-1998.*

Prayer Chaplains

Dear CUC Family and Friends,

As our spiritual lives unfold, we create a new consciousness, not only for ourselves, but for everyone who touches us. We literally create a new earth for all! Our prayers, our blessings, our meditations are inextricably intertwined. From all over the world, we touch each other: the Dalai Lama, the monk, a Navajo medicine man, a priest, Silent Unity, each of us at Christ Unity Church.

May your days continue to unfold enlightenment. May you bless us with your request for prayers, as we are honored to hold Sacred Space and pray for you.

Blessings on Your Journey,

Sharon Maughan McBride

Chrishann Goodwin

Team Leaders, Prayer Chaplain Ministry



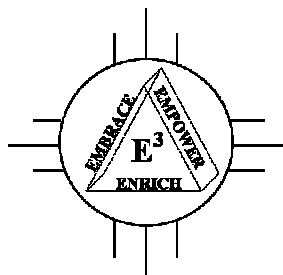
MICHELE COLEMAN SHARP, PRAYER CHAPLAIN:

What prompted me to become a Prayer Chaplain?

I wanted to deepen my prayer life. I am often called on to pray. In the past, just the thought of praying out loud would make me nervous. I felt the need to have training with lots of practice in order to build my confidence in my ability to lift others in prayer.

What impact has it had on me?

I have grown immeasurably as a result of serving as a Prayer Chaplain over the past year. The thing that has surprised me about the experience is I no longer feel it is my responsibility to fix another's challenge. I have learned and experienced that lifting them in prayer opens them to blessings far greater than I alone could deliver.



FAITH IS THE SUBSTANCE

As we enter the research phase of E3, we are inviting our Design Teams to share a bit of their experiences with the process. This month Emilah Del Toro, of the "Faith is the Substance" team or FITS, shares with us.

A few months ago at the annual meeting, Rev. Ross announced the creation of a Raised Consciousness team (now called Faith is the Substance) that would hold sacred, prayerful space for the E3 project. Much to my surprise, I raised my hand to be a part of that team. Wasn't I selling my house and moving from Albuquerque? Apparently Spirit had other ideas!

I found myself stepping forward to participate in design team training, volunteering to hold sacred space at design team meetings, and then stepping forward to serve as a team leader. By staying in each moment, the next piece was revealed to me and I had the opportunity to receive and act on it.

This trusting in Spirit in each moment, surrendering to the guidance that flows through me, and having the courage to act on that guidance are the primary ways in which holding sacred space for me and others affects my life.

Holding sacred space also enlivens my life, energizes my being, and supports healing on many levels. In the movie *The Moses Code*, I learned that the limbic brain cannot distinguish the difference between giving and receiving. So when we pray and hold sacred space for others, we are also doing it for ourselves, therefore receiving all the healing benefits!

So while I am not new to this type of service, I find that the more I am in that sacred space – whether holding it for others during a meeting, in private intuitive counseling/healing sessions, meditating alone, or any of the others ways we are present with that expanded part of ourselves – the more willing I am to be present in the moments of my life, accepting the healing, and trusting in the co-creative dance between Spirit and myself.

Not surprisingly, my house has not sold and I am still in Albuquerque!

Continued from previous column-

Provocative Possibility statement for the *Faith is the Substance*... team:

We are spiritual midwives of the Christ Unity Church transformational process. We support our design teams, our advisory team and our co-ministers in prayer, meditation and spiritual consciousness as they birth new ideas, plans and actions in the creation of our shared vision.

We invite Christ Consciousness to energize, enliven and enlighten all. We hold the vision for the highest good expressed through our positive core. We invoke the metamorphosis from who we are now into who we intend to be, individually and collectively. We support the integration of Spirit and matter.

"Faith is the substance of things hoped for."

--Hebrews 11:1



The Design Teams Held In Prayer:

1. Facilities
2. Small Group/ Connection/Education
3. Community Presence/Marketing
4. Outreach Ministry
5. Creative Arts Ministry

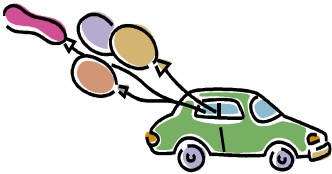
WE THANK YOU, WE SUPPORT YOU, WE BLESS YOU!

Important Dates of E3

August 23, 2008

Design/Decision Making/Destiny Day—Everyone

Christ Unity Ridesharing Ministry



Need a ride?
Can share a ride?
Want to rideshare?

What is ridesharing?

Ridesharing is carpooling. We are starting a Ridesharing Ministry because some of our members cannot always get a ride to church. They may not have a car, may not be able to drive, or may not have consistent transportation.

Why rideshare? It is a great way to:

- * Help someone get to church
- * Enjoy companionship / make new friends
- * Support the environment * Save money on gas!
- * Reduce traffic congestion in our neighborhood and parking lot.

Please see the Ride Share Map and additional information at the Service Ministry table.

Note: this is a voluntary program and is self-service. You may participate as little or as much as you like. For more information, please contact Linda at 298-7839 or Anthony at 872-2114.

Movie Night

Friday—May 2nd—7pm

“You Can Heal Your Life”



This entertaining and inspirational movie based on the best-selling book of the same name is hosted by author and teacher Louise Hay. This film gives penetrating insight into Louise’s fascinating personal story and shows how her views on self-esteem, abundance, and the metaphysical causes behind physical ailments were developed. A number of luminaries in the fields of self-help, philosophy, health, spirituality, and new thought join in giving their takes on success, happiness, and the myriad ways in which people can heal their own lives. Please join us!

Love Offering

The YOU will offer refreshments.

Intro to Compassionate Communication

Sunday May 18th 1-4PM

Christ Unity Church

Facilitated by Tejal Murray

“ What I want in my life is compassion, a flow between myself and others based on a mutual giving from the heart.” Marshal Rosenberg PhD

With this simple and profound statement Marshall Rosenberg lays the foundations for non-violent communication, and introduces the primary theme of this work: How do we communicate in ways that nourish this quality of connection and flow, and what happens to break that connection?

“ There is no reason, excuse, or justification for treating ourselves with anything less than unconditional love.” Michael Brown

This is the key concept in Michael Brown’s book The Presence Process. While Marshall Rosenberg’s work offers us practical guidance about language that nurtures compassionate connections in our lives, Michael Brown offers us a step by step guide to develop the inner presence that is the foundation of our ability to respond compassionately to others.

We must develop a deep connection and unconditional love for ourselves if we are to respond compassionately to others.

In this workshop Tejal will introduce the basic principles of Non-Violent Communication, and the Presence Process. Tejal will facilitate some simple exercises designed to give you a taste of each of these related practices.

Love Offering

Eight Week Communication Course

Mondays, May 29th – July 14th ~ 6:30-8:30 pm

This intro will be followed by an 8 week course that will meet on Monday evenings from 6:30-8:30 pm at Christ Unity Church. The fee for the eight week course is \$160. Scholarships are available. Tejal Murray is a registered candidate for certification in NVC and has over 16 years experience as a yoga teacher, yoga therapist, and retreat facilitator. Tejal provides classes and workshop in Non-violent Communication locally and to inmates at a local jail through the Comienzos Program.

Josephine Tejal Murray 505-366-8984 Tejasana@aol.com

Christ Unity Church

A CHURCH OF POSITIVE PRACTICAL CHRISTIANITY
 9800 Candelaria Rd. NE
 Albuquerque, NM 87112

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Albuquerque, NM



**Wednesday Meditation
 and Class**

See page 4 for details

Staff	Contact CUC	Team Leaders
Rev. G. Ross Campbell — Licensed, Ordained Unity Minister Rev. Judi Campbell — Ordained Interfaith Minister & Licensed Unity Teacher Todd Lowry — Music Director Judy Madonna—Administrator & Wedding Coordinator Linda Adams Bridges— Youth & Family Ministry Director Michele Coleman Sharp — Service Ministry Director Lea Stuart—Accounting	Phone 505-292-1998 Fax 505-292-2483 Email cuchurch@qwestoffice.net Bookkeeping Email for all transaction inquiries: receiving@christunityabq.org Website christunityabq.org Ministers revjudi@msn.com Email revross@msn.com Silent Unity 1-800-669-7729 For urgent , after-hour needs: please contact Revs. Judi & Ross Campbell at 505-235-2401 or 505-235-3218	Bookstore Michelle Molter Ginny Bullock Chaplains Sharon M. McBride Hospitality Melanie Lanier Facilities Carl Molter Library Kate Bennett Movie Night Lesley Goddin Open/Close John Vandermey Ride Sharing Linda Rumpf Anthony Becker Sacred Sound Iris Coleman Usher/Greeter Claire Cole
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